

CORNERSTONE WELLNESS HOUSE & SALT CAVE

***Book 3 or more services in one day, receive 20% off total bill.
Cannot be included with any other discount/special**

SALT BOOTHS

10 Minute Session

Adult = \$15 Senior (62 & over) = \$12

Youth (10-15) = \$7 Children (9 & under) = \$5

Salt Booth - Monthly Memberships:

(renewed every month – sign up for 3-months at a time)

Adult = \$125 Senior = \$95 Youth = \$75

Salt Booth Multi-Session Packages – 10 Minute Session

Adult: 5 sessions = \$60	10 sessions = \$100
Senior (62 & over): 5 sessions = \$45	10 sessions = \$70
Youth (10 -15): 5 sessions = \$30	10 sessions = \$50
Children (9 and under): 5 sessions = \$15	10 sessions = \$25

SALT CAVE (CABIN)

45 Minute Session

Adult = \$40

Senior (62 & over) = \$30

Youth (10-15) = \$12

Children (9 & under) = \$10

**4 or more in cave = 15% off each person*

Salt Cave – Monthly Memberships:

(renewed every month – sign up for 3-months at a time)

Adult: \$225

Senior & Youth: \$185

Salt Cave Multi-Session Packages - 45 Minute Session

Adult: 5 sessions = \$158

10 sessions = \$295

Senior (62 & over): 5 sessions = \$135

10 sessions = \$255

Youth (10-15): 5 sessions = \$54

10 sessions = \$100

Children (9 and under) = No Charge/must be accompanied by adult salt session

Far Infrared Sauna & Near/Mid/Far Infrared Sauna

30 mins per session/person - \$35

50 mins per session/person - \$50

30-min packages

- 3 Sessions - \$90 (\$30 per session)
- 5 Sessions - \$135 (\$27 per session)
- 12 Sessions - \$288 (\$24 per session)

50-min packages

- 3 Sessions - \$138 (\$46 per session)
- 5 Sessions - \$210 (\$42 per session)
- 12 Sessions - \$480 (\$38 per session)

3-4 people in large sauna, 10% off

Sauna Monthly Membership:

(renewed every month – sign up for 3-months at a time)

\$225/month/person (unlimited access)

Reiki

30 minutes - \$45

60 minutes - \$80

Ion Foot Detox

30 minutes - \$45

Add-ons, Paraffin Wax: Hands or feet = \$15 Hands & feet = \$22

Ion Foot Packages

30 mins, 3 sessions: \$120 (\$40 per session)

30 mins, 5 sessions: \$185 (\$37 per session)

Ion Foot Detox – Monthly Membership (max of 12 sessions)

\$240 (\$20 per session)

Health Coaching

Initial appointment, Health History (45 minutes) - \$50

Health Coaching Session (One hour sessions) - \$60

Acupuncture

Initial Consult, with needling session (90 min. session) = \$100

Follow-up session (60 min. session) = \$70

Acupuncture Packages

6 sessions, (60 min. session) = \$390

12 sessions, (60 min. session) = \$720

Massage Therapy

Customized Massage – (30 min.) \$45

Customized Massage – (60 min.) \$80

Customized Massage – (90 min.) \$120

Customized Massage – (120 min. – w/prior approval) \$180

Pre/Post Natal Massage – (60 min.) \$90

Pre/Post Natal Massage - (90 min.) \$130

Fertility Massage - (60 min.) \$90

Fertility Massage (90 min.) \$130

AromaTouch Technique Massage (60 min.) - \$105

Couple's Massage (60 mins.) - \$160

Add-ons:

- Castor oil pack - \$10
- CBD Oil used for massage - \$15
 - Aromatherapy - \$10
 - Hot Lava Stones - \$15

Electric Massage Chair

30 min session = \$35.00

BrainTap, stand-alone service = \$35.00 (30 mins)

For further inquiries about all services offered:

240-850-2955

Frontdesk@hagerwellness.com

www.cornerstonesalt.com

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