

# CORNERSTONE WELLNESS HOUSE & SALT CAVE

**\*Book 3 or more services in one day, receive 20% off total bill.  
Cannot be included with any other discount/special.  
Excludes Practitioner services: Acupuncture, Massage, Reiki, Health Coach**

## **SALT BOOTHS**

### **10 Minute Session**

Adult = \$15    Senior (62 & over) = \$12

Youth (10-15) = \$7    Children (9 & under) = \$5

### **Salt Booth - Monthly Memberships:**

(renewed every month – sign up for 3-months at a time)

Adult = \$125    Senior = \$95    Youth = \$75

### **Salt Booth Multi-Session Packages – 10 Minute Session**

Adult: 5 sessions = \$60	10 sessions = \$100
Senior (62 & over): 5 sessions = \$45	10 sessions = \$70
Youth (10 -15): 5 sessions = \$30	10 sessions = \$50
Children (9 and under): 5 sessions = \$15	10 sessions = \$25

## **SALT CAVE (CABIN)**

### **45 Minute Session**

Adult = \$40                      Senior (62 & over) = \$30  
 Youth (10-15) = \$12              Children (9 & under) = \$10

*\*4 or more in cave = 15% off each person*

### **Salt Cave – Monthly Memberships:**

(renewed every month – sign up for 3-months at a time)

Adult: \$225      Senior & Youth: \$185

### **Salt Cave Multi-Session Packages - 45 Minute Session**

Adult: 5 sessions = \$158	10 sessions = \$295
Senior (62 & over): 5 sessions = \$135	10 sessions = \$255
Youth (10-15): 5 sessions = \$54	10 sessions = \$100

Children (9 and under) = No Charge/must be accompanied by adult salt session

**Far Infrared Sauna & Near/Mid/Far Infrared Sauna**

30 mins per session/person - \$35

50 mins per session/person - \$50

**30-min packages**

- 3 Sessions - \$90 (\$30 per session)
- 5 Sessions - \$135 (\$27 per session)
- 12 Sessions - \$288 (\$24 per session)

**50-min packages**

- 3 Sessions - \$138 (\$46 per session)
- 5 Sessions - \$210 (\$42 per session)
- 12 Sessions - \$480 (\$38 per session)

*\*3-4 people in large sauna, 10% off\**

**Sauna Monthly Membership:**

(renewed every month – sign up for 3-months at a time)

\$225/month/person (unlimited access)

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**Reiki**

30 minutes - \$45

60 minutes - \$80

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**Ion Foot Detox**

30 minutes - \$45

Add-ons, Paraffin Wax: Hands or feet = \$15 Hands & feet = \$22

**Ion Foot Packages**

30 mins, 3 sessions: \$120 (\$40 per session)

30 mins, 5 sessions: \$185 (\$37 per session)

**Ion Foot Detox – Monthly Membership (max of 12 sessions)**

\$240 (\$20 per session)

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**Health Coaching**

Initial appointment, Health History (45 minutes) - \$50

Health Coaching Session (One hour sessions) - \$60

**Acupuncture**

Initial Consult, with needling session (90 min. session) = \$100

Follow-up session (60 min. session) = \$70

**Acupuncture Packages**

6 sessions, (60 min. session) = \$378

12 sessions, (60 min. session) = \$714

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**Massage Therapy**

Customized Massage – (30 min.) \$45

Customized Massage – (60 min.) \$80

Customized Massage – (90 min.) \$120

Customized Massage – (120 min. – w/prior approval) \$180

Pre/Post Natal Massage – (60 min.) \$90

Pre/Post Natal Massage - (90 min.) \$130

Fertility Massage - (60 min.) \$90

Fertility Massage (90 min.) \$130

AromaTouch Technique Massage (60 min.) - \$105

Couple’s Massage (60 mins.) - \$160

**Add-ons:**

- Castor oil pack - \$10
- CBD Oil used for massage - \$15
  - Aromatherapy - \$10
  - Hot Lava Stones - \$15

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**Electric Massage Chair**

30 min session = \$35.00

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**BrainTap**, stand-alone service = \$35.00 (30 mins)

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**For further inquiries about all services offered:**

**240-850-2955**

**Frontdesk@hagerwellness.com**

**www.cornerstonesalt.com**

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